

THE HAMPTON TRUST

Your Partner in Success

Working to break the cycles of violence, abuse, conflict and social isolation



Annual Review

1st April 2009 – 31st March 2010



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Chair's Report

This annual report provides a summary of the various activities of the Hampton Trust over the last year, and reflects the quality and commitment of the staff and volunteers who work so hard to provide services.

I am particularly pleased to be able to report on the development of our Youth Forum and the number of service users who have gained skills and qualifications and then stayed with us and become part of the services we provide to others.

As a result of BIG lottery funding, we are expanding our services to young people and families and look forward to an exciting few years developing new programmes in more areas.

Sue Wade
Chair

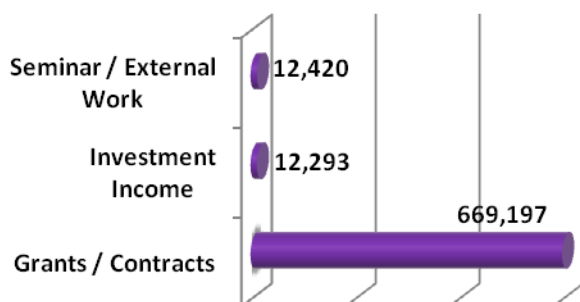


Auditors' Statement

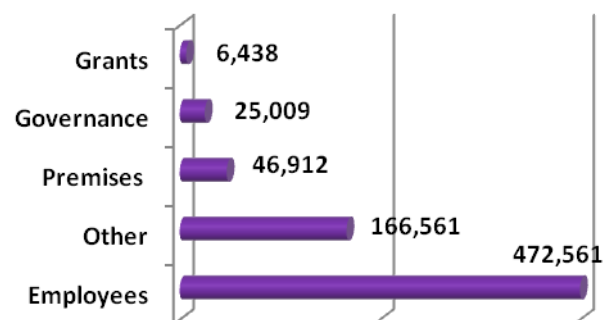
The financial statements give a true and fair view of the state of the charitable company's affairs as at 31st March 2010 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended. Financial statements have been prepared in accordance with United Kingdom Generally Accepted Accounting Practice and with the Companies Act 2006

Susan Plumb Bsc ACA
Senior Statutory Auditor
HW Chartered Accountant

Incoming Resources - £693,910



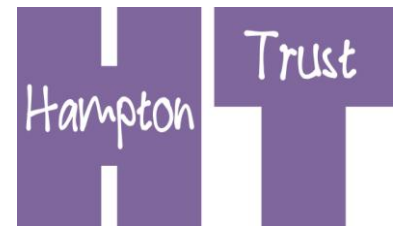
Expenditure - £717,481



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Chief Executive's Report

Welcome to our Annual Review.

We hope to inspire you with the enthusiasm and commitment we feel for towards our work with children, young people and adults with experience of violence, abuse, or conflict in their lives.

The Trust has an amazing team of people with a wide range of qualifications and expertise. They never cease to impress me with their motivation, dedication and passion. This includes our volunteers who provide such a valued service across many aspects of our work.

This year has seen us work harder than ever to evolve our work across new regions in the South of England. We intend to widen our delivery even further in the forthcoming year with help and assistance from our Youth Forum who proved invaluable this past year in helping direct our work.

Our uniqueness as an organisation is that we provide an approach whereby each member of a family can access a programme that is appropriate for their needs. All our programmes are grounded in the best research evidence available to inform the best possible outcomes.

The year ahead will see some changes for us as a Trust and as the new government settles in it is as yet unclear what this will actually mean for the charitable sector. Public spending cuts are inevitable. Yet, far from feeling concerned, we are ready to take on the challenge in ensuring services are provided, especially where we see gaps in statutory provision.

Domestic abuse is a prime example where specific provision for children who have experience of domestic abuse is a rare commodity. Yet, they are often picked up much later down the line by the criminal justice system or mental health services. So, it is imperative that funders of our programmes are made aware of the impact their funding can have on very vulnerable groups.

In the coming year we will endeavour to focus more on the positive outcomes we are achieving in order to ensure that the limited funding that is available makes the most impact.

Kim Brown

Chief Executive

M.Phil, M.Sc, RGN, RM, Cert Ed.





Highlights of 2009/10

- ✓ LINX programme is fully running in Hampshire, Isle of Wight, Devon and Gloucestershire
- ✓ LINX Train the Trainer programme has been delivered to practitioners across the 4 counties
- ✓ ADAPT perpetrators programmes delivered in Havant, Hook, Southampton and Portsmouth where we received over 149 referrals
- ✓ Continued to provide one to one and group work support to partners / (ex) of men on our ADAPT programme
- ✓ Continued the management and consultation of the ADAPT programme in Jersey
- ✓ Our Domestic Abuse team have continued reviewing practice and working towards obtaining RESPECT accreditation for the ADAPT programme
- ✓ Turnaround programme has delivered 10 programmes in the past year with sessions in Thornhill, Basingstoke and the Isle of Wight. Over 88 children and young people aged 8-16 years have been supported.
- ✓ During the year 4 parenting courses were run in Southampton where we have provided both Incredible Years (Webster Stratton model) and SPOT (Supporting Parents of Teenagers) programmes
- ✓ Family mentors who were previous participants of our parenting programmes have run Parent Support Groups in Southampton
- ✓ In Basingstoke we have run 3 Incredible Years programmes where over 52 parents attended the courses which are aimed specially at parents who were victims of domestic abuse
- ✓ With have continued to provide Family Group Conferencing in Southampton and have started delivering a Family Group Conferencing service on the Isle of Wight
- ✓ Over 55 children in need received personal 6 week one to one support to get into an activity of their choice through our RAP programme. This included a whole variety of activities such as tennis, football, swimming and archery.
- ✓ On the Isle of Wight we have developed a specialist mentoring service in conjunction with the Specialist Child and Adolescent Mental Health Service for young people experiencing mental distress

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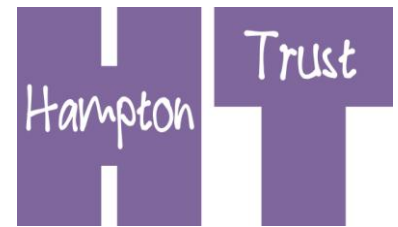
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- ✓ We have continued to provide accredited Open College Network (OCN) training and support to our wonderful volunteers who assist in our programme delivery
- ✓ Worked with Hampshire County Council to recruit, train and provide supervision for volunteers to support Special Educational Needs (SEN) families
- ✓ We have worked with Get Sorted and CAF teams on the Island to provide much needed mentoring support to young people
- ✓ At the end of the year we heard we were successful in an application to Access to Nature to support the development of an ECO Therapy Centre
- ✓ Provided Domestic Abuse General Awareness and Domestic Abuse Children and Young People training to over 112 statutory and voluntary sector personnel
- ✓ Provided a course on Safeguarding Children for the Hampshire Alliance
- ✓ We mentored three social work students from The University of Southampton and from Southampton Solent University
- ✓ Provided work experience for a young person from Brookfield school
- ✓ Our Youth Board continued to develop to inform governance and developments within the Hampton Trust
- ✓ Our Chief Executive Chaired the Isle of Wight Domestic Abuse Forum for the year
- ✓ Our Resources Manager provided administration services for the Hampshire and Isle of Wight Combined Youth Justice Standing Conference, Isle of Wight Youth Inclusion Forum and Isle of Wight Domestic Abuse Forum
- ✓ We provided the administration of over 240 grants that were awarded to ex offenders to help them get back into education or employment.
- ✓ Continuation of our ISO9001 standard.
- ✓ Development and launch of a new website during the year

DETAILS OF ALL OUR PROGRAMMES AND THE LOCATIONS WHERE THEY ARE AVAILABLE CAN BE FOUND ON OUR WEBSITE

www.hamptontrust.org.uk



June's partner was on the **ADAPT** domestic abuse perpetrators programme and June was receiving input from the Women's Support Worker. June thought that attendance at the programme really improved her partner's relationship with their two children. In the past he had been physically and emotionally abusive to the children which had prompted a referral to ADAPT from Children's Services. June said "his attendance had 'worked wonders' and he has really identified where he had been wrong in the past". She continued "it was highly evident that through ADAPT it has facilitated a real change in the area that was most concerning. He is like a new man where the children are concerned".

April's partner was on ADAPT. She stated that since he started on ADAPT her life has really changed and that her relationship with him has vastly improved. She said it's like living with another man.

S completed the ADAPT course Christmas 2009. "Jan, I doubt you remember me but my ex partner was May. Well life has moved on, all thanks to you, John, Cindy and Neil. I have finally met someone new whose name is Mary and she is fantastic. I always asked how you would tell someone new about your past and in all honesty it just felt right to tell Mary at the start of the relationship of my past and it felt great to tell her rather than worry about not saying anything. Thanks to the course I am talking more openly about feelings, fears and life in general so I wanted to say THANK YOU to you all for your help IT DOES WORK! Hope everyone is fine and thanks again".

X phoned with this feedback after completing Hook ADAPT in 2009. "Thanks to the group I feel so empowered, people around me notice the difference, it has changed my life".

Y, "Change hasn't been easy, but I actually enjoyed the programme and as a result it has changed our lives".

ADAPT Group Leader – *"I have facilitated the Thornhill group since it began. It has been really rewarding witnessing men's change in their attitude towards women and violence"*.

Social Worker – "As a Social Worker, ADAPT has been fundamental in planning meetings".



From a group of young ladies on the **LINX** programme

This group was important to us as it really helped us overcome past experiences and we also learnt that 80 – 90 % of young people who commit violent crimes are more likely to have had some sort of experiences of abuse in their lives.

When we first started the LINX programme everyone was against the idea but after attending a few sessions everyone saw progress on our attitude and behaviour. Without the help of Debbie and Ruby we wouldn't of made it to the end of year II and succeed with our G.C.S.E's and we are so thankful to them.

The LINX programme has helped us improve our behavioural problems massively by them explaining how our past experiences and our behaviours are linked in a massive way. I loved the exercises as they were fun but we also learnt from them.

Cards received from parents on **Incredible Years programme** in Basingstoke

"Today I am a different person to the one who walked through the door 12 weeks ago. I feel much more confident in handling my children's behaviour as the course had made me realised how much my children needed me to do the course.

I feel I am able to support my children now through the bad times and now see light at the end of tunnel.

We all live in a much calmer happier house, we still have a long way to go but armed with my new Incredible Years tool box I can cope and keep control of the situations that arise". M

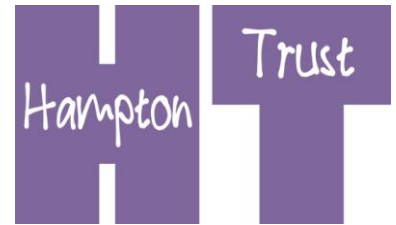
I was initially skeptical about attending a parenting course and the stigma attached to that however having done the course there has been some definite benefits. The course enables you to become a more effective mum and think about your reactions and how they either calm or escalate a situation. I have learnt some interesting skills which I will carry forward. If you need any takers for future skeptics please feel free to give me a call. G

I feel like a completely different person I feel more confident as X's mum and I can see the difference in him. We are closer than ever thanks to the Incredible Years course and I will be forever thankful to Avril and the course!!! L

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Special thanks to our Funders

- ✓ Basingstoke and Deane Council
- ✓ BIG
- ✓ Big Lottery, Reaching Communities Fund
- ✓ CAFCASS
- ✓ Cranfield Trust
- ✓ Devon Local Authority
- ✓ Gloucestershire Local Authority
- ✓ Hampshire County Council
- ✓ Hampshire Police Authority
- ✓ Havant Borough Council
- ✓ Isle of Wight Council
- ✓ Isle of Wight Youth Inclusion Forum
- ✓ Jersey DV Forum
- ✓ Learning Skills Council (ESF)
- ✓ Monument Trust
- ✓ North East Hants DV Forum
- ✓ Portsmouth City Council
- ✓ Sarah Merritt Foundation (Margaret Noakes)
- ✓ Southampton City Council
- ✓ Thornhill Plus You
- ✓ Thornhill Community Health
- ✓ Wessex Youth Offending Team
- ✓ Winchester Prison Tea Bar

And to all our wonderful volunteers who dedicate their much valued time to the work of the Trust

Trustees – 2009/10

Sue Wade (Chair)
Richard Barritt (Vice Chair)
Sheila Wade (Treasurer)
Jonathan Black
Her Honour Judge Linda Davies (Resigned 1st August 2009)
Rodney Hogg
Peter Latham
Hamid Samiy
Angela Sealey
Neil Wilkie (Resigned 30th July 2009)

Contact us

The Hampton Trust, Fairways House
Mount Pleasant Road, Southampton, SO14 0QB
Tel- 023 8021 3520 Fax – 023 8021 3530
www.hamptontrust.org.uk

Kim Brown
Chief Executive
kim.brown@hamptontrust.org.uk

Chantal Hughes
Domestic Abuse Services Manager
/ Deputy Chief Executive
chantal.hughes@hamptontrust.org.uk

Karen Jordan
Families, Children and Young People Manager
karen.jordan@hamptontrust.org.uk

Debbie Willis
LINX Manager
debbie.willis@hamptontrust.org.uk

Tara Doel
Resources Manager
tara.doel@hamptontrust.org.uk

